



TOWN COUNCIL MEMBER SEAT 1 REPORT

February 2020

Robert "BJ" Duncan
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From the Desk of Council Member Robert "BJ" Duncan

Dear Residents:

I am committed to operating in a manner that is transparent. Each month, the Town Council has the privilege and honor to represent the Town at various intergovernmental and community meetings, workshops and events that allow us to gain greater insight about the needs of our community. Below you will find a list of the events I attended within the time frame listed.

Feel free to contact me if you have questions about the monthly report via email at rduncan@cutlerbay-fl.gov or (305) 234-4262.

January 9, 2020 – February 12, 2020

| DATE | HOST/LOCATION | TOPIC | MEETING SUMMARY |
|-------|--|---|--|
| 01/14 | Town of Cutler Bay | Youth Council Committee Meeting | Attended the regularly scheduled Youth Council Committee Meeting. |
| 01/15 | Town of Cutler Bay | Monthly Town Council Meeting | Attended the regularly scheduled Town Council Meeting held at Town Hall. |
| 01/18 | West Perrine | Martin Luther King Jr. (MLK) Holiday Parade | Participated in the City of Florida City and City of Homestead MLK Parade with Vice Mayor Loyzelle and various neighboring elected officials. |
| 01/22 | Town of Cutler Bay | Town Council Workshop | Attended the Town Council Workshop to discuss the Moratorium on Development Applications and review Town Consultants' presentations. |
| 01/25 | Cutler Ridge Park | 11 th Annual Chili Day in Cutler Bay | Attended the 11 th Annual Chili Day in Cutler Bay Cook-Off with Mayor Meerbott, Council Member Callahan, and Council Member Coriat. |
| 01/26 | Biscayne Bay Coastal Wetlands Restoration Site | Volunteer Days at Biscayne Bay Coastal Wetlands Restoration | Attended the Volunteer Days at Biscayne Bay Coastal Wetlands Restoration site and helped in a coastal clean-up, planted native plants, created walking paths, removed weeds, and cleared brushes with Council Member Coriat. |

OTHER NEWS: Join us at the next Youth Council Committee Meeting on Tuesday, March 17, 2020 at 6:00 PM in the Town Hall Community Room Suite 220.

[Click here to learn about the Youth Council Committee](#)

PLEASE NOTE: The next regularly scheduled Council Meeting will take place on Wednesday, March 18, 2020 at 7:00 PM. Please visit our website for additional information at: www.cutlerbay-fl.gov

Upcoming Town Events



ACTIVE ADULTS FITNESS CLASS

Mondays:
SILVERSNEAKERS BOOM MUSCLE
11:15 AM-12:00 PM

Price: Class is \$9, or it is free with the Silversneakers insurance benefit.

For more information contact Kimberly Thomas in the Parks & Recreation Department at kthomas@cityclerbay-fl.gov or (786) 573-5502.

Active Adults series of events are designed for Town Residents aged 55 and over.

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**DIABETES SELF-MANAGEMENT PROGRAM***

Classes begin the week of February 25, 2020

Topics Include:

- What is Diabetes?
- Monitoring Blood Sugars
- Setting Short-Term Goals
- Healthy Eating / Meal Planning
- Preventing/ Delaying Complications

Benefits of Workshop:

- Better Health & Increased Confidence
- Improvements in Blood Sugar Levels
- Decrease in Health Distress
- Minimize Adverse Effects of Diabetes
- Fewer Doctor & Emergency Room Visits

Location: East Ridge of Cutler Bay | 19301 SW 87th Ave, Lifestyle Room, Cutler Bay, FL 33157

Duration: This is a **free** six-week program. Classes will take place every Tuesday, starting on February 25, 2020 from 10:00 AM- 12:30 PM.
Dates: February 25, March 3, March 10, March 17, March 24, March 31

Registration is required prior to the start of class to secure your spot. For more information contact Kimberly Horton in the Parks & Recreation Department at (888) 573-5812 or khorton@hawaii.gov

