



IN-HOME ADDICTION TREATMENT INSTITUTE

The logo for the IHAT Institute is located in the top left corner. It features a stylized house icon with a circular arrow around it, all in a light blue color.

IHAT INSTITUTE MISSION

*Dedicated to progressing the research, education, and accessibility
of in-home substance use disorder treatment*

All care delivered in home

52-week biopsychosocial curriculum

Multidisciplinary care team

Care collaboration with community providers

Strong family involvement

IHAT MODEL

HOME AS THE TREATMENT CENTER



FAMILY SUPPORT
& COMMUNITY
INTEGRATION



FAMILY
INVOLVED IN
TREATMENT
DECISIONS



COMPLIANCE
MANAGEMENT



LOCAL
PROVIDERS AND
RESOURCES
UTILIZED



MANAGEMENT
OF ADDICTION
AS CHRONIC
ILLNESS

TRULY INDIVIDUALIZED CARE

Tailor treatment to needs

Reduce stigma

Embrace multiple pathways to recovery

Addresses safety concerns of vulnerable groups

RESEARCH

- Special populations
- Intervention evaluation
- Yale partnership starting August 2019



EDUCATION

- Assessment-based certificate program November 2019
- Visiting Addiction Care Coordinator and Recovery Advisor 2020
- Raising the bar for all practitioners and organizations delivering IHAT



ACCESSIBILITY

- Educate policymakers and public
- Raise funds
- Improve access



IMPACT OF MODEL

	DURING IHAT	POST IHAT
ER Admissions	↓ 81%	↓ 67% 1-year post
Partial Hospitalization Admissions	↓ 90%	↓ 79% 6-month post
Inpatient/Residential Admissions	↓ 79%	↓ 74% 6-month post

FLORIDA PRESENCE

- Model available in Palm Beach County through Aware Recovery Care
- Full licensure anticipated in September
- IHAT Institute plans to conduct research and raise awareness throughout Southern Florida



CONTACT INFORMATION

Sara Kaiser, MS Ed, LPN

203-363-4836

skaiser@ihatoinstitute.org