

AARP Community Challenge Grant Application - Due: 7/15/17

Registration Survey Information

Morris, LaKeesha

1. Application Date:

Answer: Wednesday, June 28, 2017 6:49 PM

2. Contact Person/Title:

Answer: LaKeesha Morris, Grants Coordinator

3. Name of Applicant Organization: (If unit of government, please provide a detailed description of your agency)

Answer:

Town of Cutler Bay - Parks and Recreation Department

4. Name of community hosting community project:

Answer: Town of Cutler Bay

5. Total Population:

Answer: 40,286

6. Population 65 and over:

Answer: 4,273

7. Amount of this grant request:

Answer: 22479

8. Number of employees, full and/or part-time:

Answer: 32 FTE 9 PTE

9. Project Proposal Summary (1700 character limit)

Answer:

The Town of Cutler Bay is requesting \$15,000 for the planning and installation of universally accessible outdoor fitness equipment at one of the Town's parks. The Town will install a circuit of up to nine (9) pieces of equipment to accommodate older adults and individuals with disabilities. Town Staff has identified the equipment, and two potential configurations. Town Staff will seek input from the Town's Communities for a Lifetime Advisory Committee to determine the design and type of equipment that will be installed. The CFAL Committee will also recommend park locations for the installation.

10. Is Your Organization (Check the one that best applies)

Answer: A Municipality

11.

Project Narrative #1: The community's livable communities activities to date:

Please provide a brief summary of the community policies, programs and services that are targeted toward older people and how the community plans to become more livable for all ages. Also provide the role of your organization/group played in the above livable community plan. (2,500 character limit)

Answer:

The Town of Cutler Bay (Incorporated, 2005) is the youngest municipality in Miami-Dade County. With an estimated population of 44,321, the Town has made great strides to improve the quality of life for all residents. In 2010 the Town joined the Florida's Communities for a Lifetime (CFAL) Initiative (Town Resolution #10-21) and formed a volunteer CFAL

Committee that consists of five (5) community members and one (1) Town Councilmember. The CFAL Committee works with Town staff to organize events throughout the year that target older adults. Some activities include; Annual Intergenerational Cultural Arts Program, Annual Senior Games, Cutler Bay Bus Party to promote the Town's circulator bus, Falls Prevention, Safe Homes, and Health & Wellness Workshops, Scam Jam Document Shredding, Social Outings to local attractions, live performances, Car Safety Education, and Nutrition & Aging Workshops.

On January 20, 2016, the Town adopted Resolution #16-10 supporting the World Health Organization's Age-Friendly Cities and Communities Program and approving the Town's application to enroll in the AARP Age Friendly Communities Initiative. The Town's application was accepted in March 2016, making Cutler Bay the first municipality in South Florida to join a global movement to create age-friendly cities. The Town completed a Senior Needs Assessment in 2013, and is now in the process of developing an Age Friendly Action Plan in order to identify opportunities to integrate age-friendly principles into all aspects of the Town's planning and service delivery. This living document is being developed by the CFAL Committee following a series of public involvement meetings while developing the Town's Strategic Master Plan, public CFAL Committee Meetings, and the Senior Needs Assessment.

12.

Project Narrative #2: The Community Challenge Project.

What aspect of your Challenge project will this grant support? Why is this item or these items important to the project? What is the cost and how was it determined? What is the timeline for the grant funded projects (projects must be completed by November 1, 2017). (2,500 character limit)

Answer:

The Town promotes active lifestyles for all residents. This year, the Town installed new playground equipment at two (2) of the eight (8) parks, and outdoor fitness equipment at three (3) of the eight parks. The Town's goal is to have outdoor fitness equipment at all of the Town's park. The Town is also dedicated to installing equipment that is universally accessible to all residents. This project falls in line with the Town's Age Friendly Action Plan in the "Outdoor Spaces and Buildings" domain and the "Community and Health Services" domain. Based on the Town's Senior Needs Assessment, older adults want opportunities to remain active and engaged in the community. One of the Town's most popular events is the Annual Senior Games which this year attracted a record 80 older adults from the tri-county area (Monroe County, Miami-Dade, Broward).

The Town has conducted an assessment of all of our parks and determined the areas that need improvement in accessibility. We have also looked at the proximity of each park to areas throughout the Town with the largest population of older adults, and the ability to access these parks through public transit. The Town aims to ensure that these parks are equipped with facilities that older adults will use. For example, Cutler Ridge Park is one of the Town's most active parks. Older Adults are able to swim at reduced rates, and join a swim team at the park. The Town also offers fitness classes at this park, and there are large fields for team sports and a walking path. This park lacks fitness equipment and would potentially be a good location for the Challenge Project.

The Town has received quotes from the contractor that has worked with us to install fitness equipment at the other parks in the Town. The contractor has provided us with quotes based on two possible fitness area designs, and the Town has decided to present the information to the CFAL Committee for their input. The Town will match any amount over the amount of the grant award. The Town will be able to complete this project by November 1, 2017, due to the current relationship with the selected vendor.

13.

Project Narrative #3: Who is served?

Please outline this project's key benefits including a description of the residents that may benefit the most. (2,500 character limit)

Answer:

Approximately 21% (over 9,000) of the Town's population is 55 and older (US Census, 2015). The Town's Senior Needs Assessment interviewed over 300 older adults, and found that for the most part, the seniors were healthy, mobile, and engaged. The older adults engage in a variety of proactive health practices, are able to move around the community and actively interact with others. Our older adults are examples of the changing image of aging in which people are indeed healthy and living active lifestyles. The stereotypical view of the elderly as infirm, isolated and unhealthy applies only to a small minority of the Town's older adult population. For this reason, all residents will benefit from this project.

14.

Project Narrative #4: Community Engagement

How will the community engage older people in the process of becoming a more livable community? Has a steering committee been created? Describe the involvement of community non-profits and other local stakeholders. (2,500 character limit)

Answer:

The Town actively involves the older adult population in all aspects of community planning. The Town hosts public input meetings for all of our master plans and conduct at least one public input meeting for all master plans at one of the Town's seven (7) local senior housing facilities. The Town has a Communities for a Lifetime Committee that will be consulted about the implementation of this project. Additionally, the Town maintains close relationships with local stakeholders such as HealthSouth, local schools and colleges, AARP Senior Employment Program, and local elected officials.

15.

Project Narrative #5: Geographic Community

Is the project for one municipality or neighborhood? If a neighborhood, please describe why the neighborhood is a logical well-defined area for the project. Is the project for multiple towns or for neighborhoods in addition to the main town? (2,500 character limit)

Answer:

This project will take place within the Town of Cutler Bay municipal limits. All of the parks are public spaces that are open to all residents and visitors.

16.

Project Narrative #6: Capacity

Describe how the organization will execute the work. (2,500 character limit)

Answer:

The Town's Parks and Recreation Department will be responsible for executing the work. The Town will abide by the adopted purchasing procedures for this project. Starting with the current quote, the Town will collect at least two additional quotes for the same service. The Town will contract with a selected vendor to purchase and install the equipment. If the Grant is awarded, the Town will need to request approval from the Town Council (via Resolution). This can be done as early as September 20, 2017. Once the Town Council approves the resolution, the Vendor will be able to install the equipment by October 30, 2017 in time for the November 1, 2017 deadline.

17. Planned project completion date (on or before Nov. 1, 2017)

Answer: Monday, October 30, 2017

18. Highlight Issues that might push the project completion date beyond 11/1/2017?

Answer:

None

19. Contracted Services Costs

Answer: Yes

19.1. Contracted services costs - (\$)

Answer: 15,000

19.2. Contracted services costs - additional information

Answer:

Fitness Equipment: \$15,000

20. Staff costs, if any

Answer: No

20.1. Staff Costs - (\$)

Answer:

20.2. Staff Costs - (additional information)

Answer:

21. Office Materials & Supplies (if any)

Answer: No

21.1. Office Materials & Supplies (\$)

Answer:

21.2. Office Materials & Supplies - (additional information)

Answer:

22. Travel Expenses (if any)

Answer: No

22.1. Travel Expenses (\$)

Answer:

22.2. Travel Expenses - (additional information)

Answer:

23. Additional Expenses (if any)

Answer: No

23.1. Additional Expenses (\$)

Answer:

23.2. Additional Expenses - (additional information)

Answer:

24. Total Requested Budget (\$)

Answer: 15,000

25. Are there matching funds or services planned?

Answer: Yes

25.1. Value of matching funds or services planned (\$)

Answer: 5,000

25.2. Additional Information - matching funds or services planned

Answer:

Planning, Installation Services, and Permitting in excess of \$15,000

26. Organizational Profile (for non-governmental organizations only): (3,000 character limit)

Answer: