



TOWN COUNCIL MEMBER SEAT 2 REPORT

January 2020

Michael P. Callahan
mcallahan@cutlerbay-fl.gov



From the Desk of Council Member Michael P. Callahan

Dear Residents:

I am committed to operating in a manner that is transparent. Each month, the Town Council has the privilege and honor to represent the Town at various intergovernmental and community meetings, workshops and events that allow us to gain greater insight about the needs of our community. Below you will find a list of the events I attended within the time frame listed.

Feel free to contact me if you have questions about the monthly report via email at mcallahan@cutlerbay-fl.gov or (305) 234-4262.

November 14, 2019 – January 8, 2020

DATE	HOST/LOCATION	TOPIC	MEETING SUMMARY
11/15	Town of Cutler Bay	2019 State of the Town Address Video Filming	Participated in the filming of the Mayor Meerbott's 2019 State of the Town Address video with Town Manager Casals.
11/20	Town of Cutler Bay	Monthly Town Council Meeting	Attended the regularly scheduled Town Council Meeting held at Town Hall.
12/11	Town of Cutler Bay	2019 State of the Town Address	Attended Mayor Meerbott's 2019 State of the Town Address to highlight this year's accomplishments and goals for 2020.
01/06	Town of Cutler Bay	Parks & Recreation Advisory Committee Meeting	Attended the regularly scheduled Parks & Recreation Advisory Committee Meeting.

OTHER NEWS: Join us at the next Parks & Recreation Advisory Committee Meeting on Monday, February 3, 2020 at 7:00 PM in the Town Hall Community Room Suite 220.
[Click here to learn about the P&R Advisory Committee.](#)

PLEASE NOTE: The next regularly scheduled Council Meeting will take place on Wednesday, February 19, 2020 at 7:00 PM. Please visit our website for additional information at: www.cutlerbay-fl.gov

Upcoming Town Events

Chefs – get your favorite **CHILI, SALSA, and CORNBREAD** recipes ready for the Town of Cutler Bay's 11th Annual



Mercedes-Benz of Cutler Bay
USURY AUTOMOTIVE GROUP

Saturday January 25, 2020
2:00 PM - 6:00 PM - Cutler Ridge Park
10100 SW 200 Street

Cash prizes will be awarded in all 3 categories and for "Best Decorated Booth" and "People's Choice"
Live music by Cutler Bay's hometown band "Cutler Stew"
Plenty of entertainment for the whole family to enjoy



Cutler Bay
FLORIDA

To register as a chef or for more information please contact Kimberly Thomas at 786-573-5502 or kthomas@cutlerbay-fl.gov
10720 Caribbean Boulevard, Suite 105 - Cutler Bay, FL 33189
www.cutlerbay-fl.gov

Cutler Bay
FLORIDA

ACTIVE ADULTS (55+)

SCIENCE FOR SENIORS:
Hands-On Learning Activities



TUESDAY, JANUARY 28, 2020
10:00 AM - 11:00 AM & 11:30 AM - 12:30 PM

NATURE POSTINGS LAB
20321 Old Cutler Road, Cutler Bay, FL 33189

Don't miss this fun and interactive science class that will include hands on activities presented by Nature Postings.

Each participant is required to complete a liability form prior to the excursion. Liability forms are available at www.naturepostings.com under the HOME page.


Nature Postings

Space is limited to 14 participants per session. Please contact Kimberly Thomas at (786) 573-5502 or at kthomas@cutlerbay-fl.gov for more information.
Active Adults series of events are designed for Town Residents aged 55 and over.

Cutler Bay
FLORIDA

ACTIVE ADULTS (55+)

A HEALTHY MIND:
HEALTHY LIVING FOR YOUR BRAIN AND BODY



TUESDAY, FEBRUARY 4, 2020 | 10:30 AM - NOON
CUTLER BAY TOWN CENTER - COUNCIL CHAMBERS
10720 Caribbean Blvd, Suite 115
Cutler Bay, FL 33189

Don't miss this informative workshop offered by AARP on the Five Pillars of Brain Health, and discover how living an active life – by learning more, being social, staying fit, eating right and managing stress—is our best bet for maintaining our brain health.

AARP Real Possibilities South Florida

Space is limited, please RSVP with Kimberly Thomas in the Parks & Recreation Department at kthomas@cutlerbay-fl.gov or (786) 573-5502.
Active Adults series of events are for Town Residents aged 55 and over.

Cutler Bay
FLORIDA

ACTIVE ADULTS (55+)

SHRED-A-THON

Every two seconds, someone's identity is stolen. Despite how common this crime has become, there are ways you can help protect yourself against it.

SATURDAY, FEBRUARY 8, 2020 | 10:30 AM - 12:30 PM

Cutler Bay Town Center, South Parking Lot
10720 Caribbean Boulevard, Cutler Bay, FL 33189

Bring your confidential documents for **FREE** and **SAFE** destruction and recycling. Shred away identity fraud by safely disposing of your personal documents, check stubs, credit card offers, receipts, outdated medical records, and any other material that might contain sensitive data. No registration required.

Please remove paper clips and staples prior to arrival.
(Rings or metal rings, binders or staples will not be accepted)
Once the truck is full, no other paperwork will be accepted, **please come early!**

Fight Back Against Fraud!

Cutler Bay
FLORIDA

For more information, please contact Kimberly Thomas (786) 573-5502 or at kthomas@cutlerbay-fl.gov.

Cutler Bay
FLORIDA

ACTIVE ADULTS (55+)

HEALTH



DIABETES SELF-MANAGEMENT PROGRAM*

Classes begin the week of February 25, 2020

Topics Include:

- What is Diabetes?
- Monitoring Blood Sugars
- Setting Short-Term Goals
- Healthy Eating/ Meal Planning
- Preventing/ Delaying Complications

Benefits of Workshop:

- Better Health & Increased Confidence
- Improvements in Blood Sugar Levels
- Decreases in Health Disasters
- Minimize Adverse Effects of Diabetes
- Fewer Doctor & Emergency Room Visits

Location: East Ridge of Cutler Bay | 10901 SW 87th Ave, Lifestyle Room, Cutler Bay, FL 33157

Duration: This is a **free** six-week program. Classes will take place every Tuesday, starting on February 25, 2020 from 10:00 AM- 12:30 PM.
Dates: February 25, March 3, March 10, March 17, March 24, March 31

*This Program does not replace seeing your doctor, but serves to complement a participant's current medical plan.

Registration is required prior to the start of class to secure your spot. For more information contact Kimberly Thomas in the Parks & Recreation Department at (786) 573-5502 or kthomas@cutlerbay-fl.gov

East Ridge
COMMUNITY CENTER

Alliance for Aging, Inc.
Advocates on Aging

Florida Health Networks

Cutler Bay
FLORIDA

Movie Night
at the park



Friday, February 21, 2020 | 6:00 p.m.
Cutler Ridge Park | 10100 SW 200 Street

ADMISSION IS FREE | Bring your lawn chairs & blankets
Food will be available

For additional information, contact Kimberly Thomas at kthomas@cutlerbay-fl.gov or call (786) 573-5502